Grade 1 Scale Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend	
C						
C major	F major	D minor	C major	F major	D minor	
G major	D major	A minor	G major	D major	A minor	
Hands Tog	C major			C major		
		contrary motion			contrary motion	
C major	F major	D minor	C major	F major	D minor	
G major		A minor	G major		A minor	
•	C major	C major contrary motio C major F major	C major contrary motion C major F major D minor	C major contrary motion C major D minor C major	C major C major	

All scales, broken chords and arpeggios to be played 3 - 5 times each day.